



## **DR. PATRICK GOH**

### **MBBS (S'pore), MSS, FAMS (Sports Medicine)**

Dr. Goh is a registered Sports Medicine specialist, and Principal Sports Physician with Sports Medicine International at Camden Medical Centre, Singapore. He received his medical degree from the National University of Singapore in 1984 before furthering studies in Sports Medicine in the USA.

He is a fellow of the Academy of Medicine (Singapore) and current Chairman of its Sports Medicine Section.

A clinician for over 30 years, he worked previously with the rehabilitation medicine department of Singapore General Hospital, and the Singapore Sports Council's (SSC) Sports Medicine and Research Centre, where his patients ranged from recreational athletes to the country's top sportsmen and women. He was chief medical officer for Team Singapore for the 2000 and 2004 Olympic Games, and team physician to numerous regional games.

During the mid-nineties, he pioneered the use of musculoskeletal ultrasound as an in-clinic tool for evaluation and imaging-guided interventions, in particular, ultrasound-guided Extracorporeal Shock-Wave Therapy (ESWT) and ultrasound-guided injections. In 2008, he became the first sports physician in Singapore to use Platelet-Rich Plasma (PRP) for the targeted treatment of sports injuries. This has led to numerous invitations to speak at home and internationally, as he continues to have an ongoing interest in biological solutions for musculoskeletal and sports injuries.

In addition to his clinical practice, Dr. Goh was the former chairman, is a current member of the Sports Medicine Subspeciality Training Committee under the Ministry of Health, and an examiner in its Advanced Subspeciality examination. He also holds the appointments of Chairman of the Institutional Review Board for Temasek Polytechnic, and Deputy Chairman for the Institutional Review Board of the Singapore Armed Forces (SAF) and the Defence Science Organisation (DSO). Dr. Goh is also Chairman of the National Anti-Doping Advisory Board for Singapore and Chairman of the South-East Asian Regional Anti-Doping Organisation (SEARADO), as well as a board member of the Institute of National Anti-Doping Organisations (INADO).